

## POSITIVE + STATEMENTS FOR MY CHILD

- I believe in you
- You are loved
- You can do it
- Don't be afraid to be you
- I see you
- I'm grateful for you
- You are kind
- Your opinions matter
- I'm listening
- You have great ideas
- You can say no
- You can say yes
- I'm proud of you for standing up for others
- I'm proud of you for standing up for yourself
- You are worth it
- Dream bigger
- Believe in yourself
- I love your creativity
- That's a great question
- Your friends are lucky to have you
- I trust you
- I'm so glad you're here
- I like when you share your ideas with me
- We all make mistakes
- Your happiness matters
- That was a really good choice
- Not everyone will like you and that's ok
- I love when you are kind to others
- I'm proud of you
- I love how you fail and get back up and try again.
- Never be afraid to try
- I have your back
- I learn new things from you everyday
- I appreciate you
- You are beautiful inside and out
- It's ok to ask for help