

## A simple tip for a better night's sleep

**Don't forget:** These are the tasks that you don't want to forget or that might be on your to-do list for tomorrow, place them under the Don't forget to column. For example: Don't forget to respond to the email's tomorrow.

**Still figuring out:** These are the tasks or projects that you still are trying to figure out solutions for.  
For example: I'm still trying to figure out what my passion or purpose is.

## Don't forget

[illegible]

## Still figuring out

[illegible]